

# The Zone Golf Academy

## Newsletter (GIN-01) – October 2010

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*“If you think you can or you think you cannot- you are correct” -  
Henry Ford*

The Zone Golf Academy (ZGA) is owned and managed by Lee Woodard. The main venue is the standalone Studio near Old Town in La Quinta.

This free Golf Improvement Newsletter (GIN-01) provides you with good information to improve your golf game. The objective is to provide free golf instruction to a circle of golfing friends.

It is structured so that you can read this cover page in a few minutes and then optionally ‘click down’ to an informational page only on items of interest. To return to the Newsletter, merely close the tab, back-arrow, or x-out of the page.

### **Not Interested?**

If you would like to be removed from the Newsletter mailing list, please respond to [info@ZoneGolf.com](mailto:info@ZoneGolf.com) with ‘Unsubscribe’ in the subject line.

### **Book-of-the-Month Summary.**

“Bounce” by Mathew Syed is the book reviewed and summarized this month. Syed is a respected author, sports writer, and former Olympian. Through his research and competing in table tennis at the highest level, he has determined that all the greats in any field have one thing in common: purposeful, mindful, obsessive practice.

See [www.ZoneGolf.com](http://www.ZoneGolf.com) and click the left-button “CliffNotes” for the summary.

### **Mental Golf Tip-of-The-Month.**

“What do I do on the course when the wheels start to fall off?” See [www.ZoneGolf.com](http://www.ZoneGolf.com) and click the left-button “Answers”.

**Status of Lee Woodard's Journey to the Best Golf of His Life – Each Year.**

The journey started in earnest about 3 years ago. I realized my dream of getting better than scratch (a plus 1).

'Living the dream' lasted about 11 months, and then Mr. Slump showed up accompanied with some physical ailments that curtailed my practice and playing schedules. For a slump busting plan, See [www.ZoneGolf.com](http://www.ZoneGolf.com) and please click the left button "The Journey".

**Planning to Buy a Golf-Related Book or Product?**

If you are thinking about purchasing any golf-related product, contact us for a review and a chance to try the product before you purchase it. See [www.ZoneGolf.com](http://www.ZoneGolf.com) and please click the left-button "Resources".

**Spread the News(letter).**

Please submit any of your friends (name and email address) that might want this Newsletter and any questions to [info@ZoneGolf.com](mailto:info@ZoneGolf.com) .

Fairways & Greens,

Lee Woodard

President – The Zone Golf Academy  
(951) 200-9880